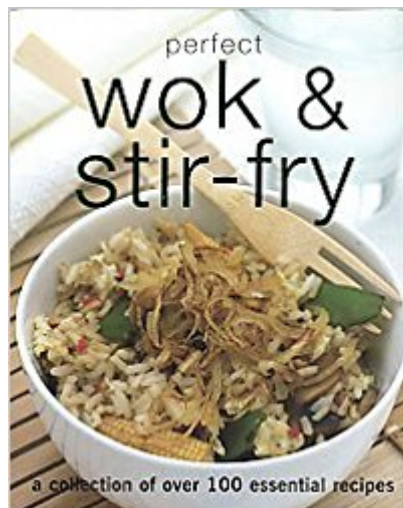


The book was found

Wok & Stir-Fry (Perfect)



Synopsis

This handy guide to all things stir fry presents practical advice on how to choose and prepare stir fry ingredients. Featuring a full color photo accompanying each recipe, it is packed with delicious, quick and easy recipes to save time and stress in the kitchen, from simple salads and appetizers to mouthwatering rice and noodle dishes. --This text refers to an out of print or unavailable edition of this title.

Book Information

Series: Perfect

Hardcover: 240 pages

Publisher: Parragon Inc (December 2006)

Language: English

ISBN-10: 1405488638

ISBN-13: 978-1405488631

Product Dimensions: 1 x 6.8 x 8.2 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #847,812 in Books (See Top 100 in Books) #80 in [Books > Cookbooks, Food & Wine > Asian Cooking > Wok Cookery](#) #2761 in [Books > Cookbooks, Food & Wine > Kitchen Appliances](#) #7672 in [Books > Cookbooks, Food & Wine > Regional & International](#)

Customer Reviews

I just began teaching myself how to cook Asian food in a wok. I've owned this book about a month and have already made 5 recipes from it. Recipes are very clear and easy to follow. All recipes include "how to" photos as well as a larger photo of the completed meal. The recipes are healthy and have been big hits with both me and my husband who normally doesn't care for anything "exotic. Just make sure you have all your ingredients prepped (the most time consuming part) before heating your wok. The actual cooking in the wok goes very fast. Great book!

It is an okay book but as a vegan I need to pick and choose recipes. For those who like stir fry with meat, probably a better deal.

[Download to continue reading...](#)

Welcome to Wok World: Unlock EVERY Secret of Cooking Through 500 AMAZING Wok Recipes

(Wok cookbook, Stir Fry recipes, Noodle recipes, easy Chinese recipes ,...) (Unlock Cooking, Cookbook [#2]) Welcome to Wok World: Unlock EVERY Secret of Cooking Through 500 AMAZING Wok Recipes (Wok cookbook, Stir Fry recipes, Noodle recipes, easy Chinese ... (Unlock Cooking, Cookbook [#2]) (Volume 2) Stir Fry: Top 50 Best Stir Fry Recipes ãâââ The Quick, Easy, & Delicious Everyday Cookbook! Stir Fry Cooking: Over 210 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Stir Fry Natural Weight Loss Transformation) (Volume 8) Stir Fry Cooking: Over 210 Quick & Easy Gluten Free Low Cholesterol Whole Foods Recipes full of Antioxidants & Phytochemicals (Stir Fry Natural Weight Loss Transformation Book 8) Stir Fry Recipes: 25 Easy Stir Fry Recipes for You to Make Your Lunch and Dinner Quickly! Rice or Noodles: Oriental Stir Fry Cookbook featuring 30 Mouth-watering Stir Fry Recipes Stir Fry 101: Over 25 Homemade Stir Fry Recipes to Feed the Family Wok & Stir-Fry (Perfect) Wok: 50 delicious Wok Dishes from China, Thailand, India and all across Asia (Wok Recipes) (Volume 1) Essential Wok Cookbook: A Simple Chinese Cookbook for Stir-Fry, Dim Sum, and Other Restaurant Favorites BEST-EVER BOOK OF WOK AND STIR-FRY COOKING The Healthy Wok Chinese Cookbook: Fresh Recipes to Sizzle, Steam, and Stir-Fry Restaurant Favorites at Home The Essential Wok Cookbook: A Simple Chinese Cookbook for Stir-Fry, Dim Sum, and Other Restaurant Favorites Freeze, Heat and Fry Box Set (5 in 1): Cast Iron, Air Fryer, Asian Stir-Fry Recipes and Freezer Meals (Quick and Easy Recipes) Wok Cooking Made Easy: Delicious Meals in Minutes [Wok Cookbook, Over 60 Recipes] (Learn to Cook Series) The Breath of a Wok: Unlocking the Spirit of Chinese Wok Cooking Throug All You Need to Know About Wok Cooking - Convenient Cooking for Busy Lives: 50 Simple, Easy, and Tasty Recipes for the Wok 500 Wok Recipes: Sensational Stir-Fries from Around the World Bringing Home the Seitan: 100 Protein-Packed, Plant-Based Recipes for Delicious "Wheat-Meat" Tacos, BBQ, Stir-Fry, Wings and More

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)